

Class Timetable

YMCA Mango Hill Gymnastics
Launching 18 January 2021

*Online Enrolment Opens
12 December 2020*

Class Timetable

YMCA Mango Hill Gymnastics

Launching 18 January 2021

KinderGym

The YMCA KinderGym Program is designed to develop the whole child and is conducted in a safe, structured, multi-sensory environment. Children can explore and practice skills safely to build self-confidence and self-esteem. One of the most unique components of our KinderGym program is that parents and caregivers are encouraged to get involved! KinderGym classes are available for children aged 6 months to 5 years.

KinderGym Program							
Classes	Mon	Tue	Wed	Thur	Fri	Sat	Cost/ Class
Bubs Gym Play 6 mths - 3 yrs Parent Assistance		9.00 - 9.45am			9.00 - 9.45am		\$10.00 (Casual)
Gym Tots 2.5 - 4 yrs Parent Assistance	9.00 - 9.45am	9.45 - 10.30am	9.00 - 9.45am	9.00 - 9.45am	10.00 - 10.45am	9.00 - 9.45am	\$16.00
Gym Kids 4 - 5 yrs No parent assistance	10.00 - 11.00am	10.45 - 11.45am		10.00 - 11.00am	11.45am - 12.45pm	9.45 - 10.45am	\$18.00
Gym Play Under 5's Parent Assistance Casual Play	11.00 - 11.45am		11.00 - 11.45am			8.15 - 9.00am	\$10.00 (Casual)
Kindy Ninja 4-5 years		9.45 - 10.30am		11.00 - 11.45am		9.00 - 9.45am	\$16.00
Kinder Siblings			9.45 - 10.45am		10.45 - 11.45am		\$18.00
Gym Families Under 12's Parent Assistance Casual Play						2.00 - 3.00pm	\$10.00 (Casual)

*Timetable subject to change at the Centre Manager's discretion.

Class Timetable

YMCA Mango Hill Gymnastics

Launching 18 January 2021

Y Steps

Our Y Steps program helps children develop strength, flexibility, and athletic ability. These classes are perfect for school-age beginners, right through to developing junior-level gymnasts. Children doing Y Steps gain experience in a range of gymnastic activities and exercises – be it balancing on the beams, swinging on the bars, or practicing floor movements. Every little gymnast is encouraged to learn at their own pace and work towards reaching their own fitness potential in a supportive team environment.

Steps Program							
Classes	Mon	Tue	Wed	Thur	Fri	Sat	Cost/ Class
Prep	3.30 - 4.30pm	3.30 - 4.30pm	3.30 - 4.30pm	3.30 - 4.30pm	3.30 - 4.30pm	10.45 - 11.45am	\$18.00
Step 1	3.30 - 4.30pm	3.30 - 4.30pm	3.30 - 4.30pm	3.30 - 4.30pm	3.30 - 4.30pm	10.45 - 11.45am	\$18.00
Step 1 - 2 Girls 7 - 10 yrs	4.45 - 5.45pm	4.45 - 5.45pm	4.45 - 5.45pm	4.45 - 5.45pm		11.45am - 12.45pm	\$18.00
Step 2 Girls	3.30 - 4.30pm	3.30 - 4.30pm	3.30 - 4.30pm	3.30 - 4.30pm	3.30 - 4.30pm	10.45 - 11.45am	\$18.00
Step 3 Girls	4.45 - 5.45pm	4.45 - 5.45pm	4.45 - 5.45pm	4.45 - 5.45pm	4.45 - 5.45pm	11.45 - 12.45pm	\$18.00
Step 4-5 Girls		4.45 - 6.15pm		4.45 - 6.15pm		11.45 - 1.15pm	\$24.00
Tumbling & Tramp 8+ yrs	4.45 - 5.45pm		4.45 - 5.45pm		4.45 - 5.45pm	11.45am - 12.45pm	\$18.00

Boys Steps							
Classes	Mon	Tue	Wed	Thur	Fri	Sat	Cost/ Class
Step 1-2 Boys		3.30 - 4.30pm	3.30 - 4.30pm	3.30 - 4.30pm		10.45 - 11.45am	\$18.00
Step 3-4 Boys	4.30 - 6.00pm		4.30 - 6.00pm				\$24.00

*Timetable subject to change at the Centre Manager's discretion.

Class Timetable

YMCA Mango Hill Gymnastics

Launching 18 January 2021

Y Gym Sports

Y Gym Sports classes are a high-energy, high-fun alternative to traditional gymnastics classes. Navigate obstacles, test your strength and challenge your focus through gym-based activities. Adults and kids are encouraged to come along. The Y hosts a diverse range of classes to suit your skill level, age and fitness ability.

Y Gym Sports							
Classes	Mon	Tue	Wed	Thur	Fri	Sat	Cost/ Class
Ninja 6 - 9 yrs		4.30 - 5.30pm		4.30 - 5.30pm	4.45 - 5.45pm	9.45 - 10.45am	\$18.00
Ninja 10+ yrs		5.30 - 6.30pm		5.30 - 6.30pm		11.45 - 12.45pm	\$18.00
Ninja Time Lapse 6 & over						1.00 - 2.00pm	\$12.00 (Casual)
Adult Gym	6.00 - 7.30pm		6.00 - 7.30pm				\$12.00 (Casual)
Free G - Youth Tricks and Street Dance 13 - 17 yrs		6.30- 8.00pm				6.30 - 8.00pm	\$12.00 (Casual)

2021 Registration Fees and Equipment Levy		
	Yearly Registration	Quarterly Equipment Levy
KinderGym	\$40.00	\$12.00
Steps	\$50.00	\$12.00
TumbleFun	\$50.00	\$12.00
Ninja	\$50.00	\$12.00
YMCA CLUB UNIFORM \$45.00		

*Timetable subject to change at the Centre Manager's discretion.