

YMCA Caloundra Gymnastics

Class Timetable

Term 1, 2021

Monday 25th of Jan - Thursday 1st of April

The Y Caloundra

125 Arthur St, Caloundra QLD 4551

p: 07 5438 0944 | e: caloundra@ymcabrisbane.org

w: ymcafitness.com/locations/ymca-caloundra



Class Timetable

KinderGym

The YMCA KinderGym Program is designed to develop the whole child and is conducted in a safe, structured, multi-sensory environment. Children can explore and practice skills safely to build self-confidence and self-esteem. One of the most unique components of our KinderGym program is that parents and caregivers are encouraged to get involved!

KinderGym classes are available for children aged 6 months to 5 years.

KinderGym Program								
Classes	Mon	Tue	Wed	Thur	Fri	Sat	Class	Term
Gym Tots 2.5 yrs - 4 yrs (45 min)	10.30 - 11.15	10.30 - 11.15		10.30 - 11.15			\$12.70	\$127.00
Gym Families 2 children 5 yrs & under (45 min)			9.00 - 9.45				\$12.70	\$127.00
Gym Kids 4 yrs - 5yrs (45 min)	9.30 - 10.15	9.30 - 10.15		9.30 - 10.15	9.00 - 9.45		\$12.70	\$127.00
Gym Play Walkers - 5 yrs			10.30 - 11.30				\$10.00	Casual

Enrol at ymcafitness.com/locations/ymca-caloundra/gymnastics

Class Timetable

Y Steps

Our Y Steps program helps children develop strength, flexibility and athletic ability. These classes are perfect for school-age beginners, right through to developing junior-level gymnasts. Children doing Y Steps gain experience in a range of gymnastic activities and exercises - be it balancing on the beams, swinging on the bars, or practicing floor movements. Every little gymnast is encouraged to learn at their own pace and work towards reaching their own fitness potential in a supportive team environment.

Steps Program								
Classes	Mon	Tue	Wed	Thur	Fri	Sat	Class	Term
Prep	3.30 - 4.30	3.30 - 4.30	3.30 - 4.30	3.30 - 4.30			\$15.70	\$157.00
Step 1 (1 hr)	3.30 - 4.30	3.30 - 4.30	3.30 - 4.30	4.30 - 5.30		8.30 - 9.30	\$15.70	\$157.00
Step 2 (1 hr)	3.30 - 4.30	3.30 - 4.30	4.30 - 5.30	4.30 - 5.30	3.30 - 4.30	9.30 - 10.30	\$15.70	\$157.00
Step 3 (1 hr)	4.30 - 5.30	4.30 - 5.30	4.30 - 5.30	3.30 - 4.30	3.30 - 4.30	10.30 - 11.30	\$15.70	\$157.00
Step 4 (1 hr)	3.30 - 4.30		3.30 - 4.30	3.30 - 4.30	3.30 - 4.30		\$15.70	\$157.00
Step 5 (1.15 hr)	4.30 - 5.45				4.30 - 5.45		\$18.85	\$188.50
Step 5-6 Boys & Step 6 2 times pw (2.5 hr)		3.30 - 4.45		3.30 - 4.45			\$37.70	\$377.00
Step 6 2 times pw (3 hr)	4.30 - 6.00		4.30 - 6.00				\$34.30	\$343.00
Step 7 2 times pw (3 hr)	5.45 - 7.15	5.45 - 7.15	5.45 - 7.15		5.45 - 7.15		\$34.30	\$343.00

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Y Gym Sports

Y Gym Sports classes are a high-energy, high-fun alternative to traditional gymnastics classes. Navigate obstacles, test your strength and challenge your focus through gym-based activities. Adults and kids are encouraged to come a long. The Y hosts a diverse range of classes to suit your skill level, age and fitness ability.

Gym Sports Program								
Classes	Mon	Tue	Wed	Thur	Fri	Sat	Class	Term
Free G 7 yrs - 9 yrs	5.00 - 6.00		4.30 - 5.30				\$15.70	\$157.00
Free G 6 yrs - 7 yrs	6.00 - 7.00						\$15.70	\$157.00
Adults			6.30 - 8.00				\$20.00	Casual
Senior 50+ Move for life	12.00 - 1.00						\$10.00	Casual

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Y Competitive

Our Y Competitive program sees talented boys and girls become young gymnastics athletes. Y Competitive is open to children and teenagers aged 7+ who have the passion and drive to compete in local, regional, state and national events. See gymnasts grow as they take to the floor in front of coaches, judges and crowds.

BELOW Performance & Competitive CLASSES ARE BY STEPS achievement AND fitness entry

Competitive Program								
Classes	Mon	Tue	Wed	Thur	Fri	Sat	Class	Term
WAG 6 (6 hr)		3.30 - 6.30		3.30 - 6.30			\$45.00	\$495.00
WAG 5 (8 hr)	3.30 - 6.15		3.30 - 6.15			8.30 - 11.00	\$52.00	\$572.00
WAG 4 (10 hr)		4.30 - 8.00		4.30 - 8.00		8.30 - 11.30	\$57.50	\$632.50
WAG 3 (11 hr)	4.30 - 8.00		4.30 - 8.00		4.30 - 8.00		\$63.65	\$700.15
WAG 1 (15 hr)	4.30 - 8.00	4.00 - 8.00		4.00 - 8.00	4.30 - 8.00		\$72.00	\$792.00
MAG Level 2 (5 hr)		4.30 - 7.00		4.30 - 7.00			\$45.30	\$498.30
MAG (10.5 hr)		4.30 - 8.00		4.30 - 8.00		8.30 - 12.00	\$60.00	\$660.00

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2021 Registration and Levy Fees

	Registration (annual)	Equipment Levy (each term)
KinderGym	\$45.00	\$10.00
Steps	\$50.00	\$10.00
Competitive Teams	\$90.00	\$10.00

Please note all fees are based on a 10 week period and will be adjusted for longer or shorter periods. Fees are not charged for Public Holidays as classes do not operate on these days.

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